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## EDUCATION

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- M.A./HAP      **University of Chicago, Chicago, IL (June 2010)**  
School of Social Service Administration (M.A.)  
*Certificate:* Graduate Program in Health Administration and Policy (HAP)
- RYT 500      **World Evolution, Boulevard, CA (December 2007)**  
*Certificate:* Advanced Yoga Teacher Training  
Registered Yoga Teacher, 500 Level, from Yoga Alliance
- M.A.      **University of Chicago, Chicago, IL (August 2002)**  
*Major:* Social Sciences *Concentration:* Human Development  
*Thesis Title:* "Self-Editing and Identity Revision: Gay Latino Men's Sexual Identity, Ethnicity, and Gender Role Construction across Boundaries of Culture and Community"
- B.A. *with honors*      **University of Redlands, Redlands, CA (May 1999)**  
*Concentration:* Psychology, Spanish, and Creative Arts  
Johnston Center for Integrative Studies, Vahe Proudian Interdisciplinary Honors Program  
Institute for International Education of Students; Madrid, Spain: Spring, 1998  
*Thesis Title:* "Friendship Between Men: Intimacy, Homophobia, and Gender Role Conflict in Men's Same-Sex Friendships"

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## PROFILE

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- Experienced program administrator of health and social service programs with solid organizational and project management skills
- Accomplished grant writer supporting capacity building and programmatic initiatives in nonprofit health and wellness organizations
- Analytical researcher with an interest in health and social service research and evaluation
- Published writer and presenter of topics that include self-care, burnout prevention, boundaries, identity, and complementary and integrative medicine
- Experienced counselor and social worker with individual and group experience working among communities including adolescents, multicultural adults living with HIV/AIDS, and end of life care
- Yoga teacher and trainer committed to working with underserved populations

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## SCHOLARSHIPS & FELLOWSHIPS

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The Albert Schweitzer Fellowship, 2009 – 2010

Olive K. Sloane Scholarship, University of Chicago, School of Social Service Administration, 2008 – 2010

Arthur Quern Fellowship, University of Chicago, 2009

Scholarship, University of Chicago, Division of Social Sciences, 2001 – 2002

Scholarship, University of Redlands, 1995 – 1999

Scholarship, Recycling Award, 1995

## RESEARCH EXPERIENCE

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### **NorthShore University HealthSystem, *Research Associate* (Dec 2010 – May 2011)**

- Conducted, transcribed, and analyzed phone interviews with parents of very low birth weight babies to improve NICU discharge
- Developed procedure manual for interview phase of the project and trained team members on protocol
- Managed a team of two transcribers and completed all tasks on schedule of project timeline

### **University of Chicago, *Quern Fellow* (Jun 2009 – Dec 2009)**

- Designed independent research project and interviewed former hospice family caregivers
- Conducted organizational needs assessment of Illinois hospice and palliative care organizations
- Analyzed data, presented findings, and drafted an article for submission in a peer-reviewed journal

### **University of Chicago, *Thesis Research* (Mar 2002 – Aug 2002)**

- Conducted semi-structured qualitative interviews with immigrant Latino gay men about their identities
- Transcribed, translated, and analyzed audio-taped interviews in English and Spanish

### **Harvard University, *Bilingual Research Assistant* (Jan 2000 – Dec 2001)**

- Interviewed families in English/Spanish for the Project on Human Development in Chicago Neighborhoods
- Developed bilingual resource guide and disseminated information to all staff
- Achieved one of the highest average production rates of the research staff

### **University of Redlands, *Thesis Research* (Sep 1998 – May 1999)**

- Conducted literature review on men and homophobia, intimacy, friendship, and gender roles
- Analyzed large survey data sets using quantitative (SPSS) and qualitative methods

## PUBLICATIONS

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- Van Hyfte, G. J. & Kozak, L. (work in progress). *Complementary and Alternative Medicine in Illinois Hospice and Palliative Care Organizations*.
- Van Hyfte, G. J. (2010, May). *Improving Access to Complementary Medicine in Illinois Hospice and Palliative Care Organizations: The Hospice Caregiver Support Project*. Report compiled for the Quern Fellowship and presented at a public forum at the University of Chicago. Chicago, IL.
- Shehadeh, M., Canessa, P., & Van Hyfte, G. J. (2008, September). *Needs assessment of HIV/AIDS services for Latinos*. Report released at the Illinois Latino HIV Statewide Network Press Conference. Chicago, IL.
- Van Hyfte, G. J., Jamil, O. B., Harper, G. W., Johnson, J. K., & Gorecki, A.J. (2008). "Efficacy of Counseling and Complementary Therapies in HIV Treatment: A Community-Based Sample." Abstract published at the XVII International AIDS Conference. Mexico City, Mexico.
- Van Hyfte, G. & Rabinowitz, F. E. (2004). "The Post T-group Era at Johnston: The Fire is Still Alive," in B. McDonald & K. Ogren (eds.) *Hard Travelin' and Still Havin' a Good Time: Innovative Learning and Living at the Johnston Center, 1979-2004*: 303-313. Victoria: Trafford Press.
- Van Hyfte, G. J. & Tejrjian, E. J. (2002). "Editor Talk: Psychology, Identity, and Subjectivity in Masculinity Theory and Research." *Society for the Psychological Study of Men and Masculinity Bulletin*, 7(3).
- Van Hyfte, G. J. & Rabinowitz, F. E. (2001). "Fraternity Men and Same-Gender Intimacy." *Society for the Psychological Study of Men and Masculinity Bulletin*, 6(2) 14-15.

## PRESENTATIONS\*

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- Van Hyfte, G. J. (2009, March). *Integrating yoga into services for multicultural clients with HIV/AIDS*. Presented at the 3<sup>rd</sup> Annual Symposium on Yoga Therapy and Research (SYTAR). Sponsored by the International Association of Yoga Therapists. Los Angeles, CA.
- Van Hyfte, G. J., & Zurita, R. (2006) "Stigma and HIV in Latino Communities." Workshop presented at the National Latino AIDS Awareness Conference. Chicago, IL.
- Van Hyfte, G. J. & Benitez, J.C. (2005). "Working with HIV+ LGBT People of Color." Presented at the Conference on Cultural Diversity at the Chicago Professional School of Psychology. Chicago, IL.
- Van Hyfte, G. J. (2005). "Boundaries." Presented at the Buddy Mentor Program Training for Test Positive Aware Network. Chicago, IL.
- Van Hyfte, G. J. (2004). "Sexual Minority African American and Latino Persons Living with HIV/AIDS." Presented at the 112<sup>th</sup> Annual Meeting of the American Psychological Association. Honolulu, HI.
- Van Hyfte, G. J. (2003). "Real Latino Gay Men: Identity Management between Conflicting Communities." Presented at the 111<sup>th</sup> Annual Meeting of the American Psychological Association. Toronto, Canada.
- Van Hyfte, G. J. (2003). "Latino Gay Men in Communities of Faith: Immigration and Acculturation." Paper Presented at the 111<sup>th</sup> Annual Meeting of the American Psychological Association. Toronto, Canada.
- Van Hyfte, G. J. (2002). "Qualitative Research Methods Workshop." Schorer Stichting Foundation. Amsterdam, Netherlands.
- Van Hyfte, G. J. (2002). "Sexuality, Identity, & Affection: Men's Physical Contact with Men and Women." Presented at the 110<sup>th</sup> Annual Meeting of the American Psychological Association. Chicago, IL.
- Van Hyfte, G. J., and Rabinowitz, F. E. (2001). "Men's Same-Sex Intimacy: Its Relationship to Gender Role Conflict, Homophobia, and Men's Group Affiliation." Poster Presentation at the 109<sup>th</sup> Annual Meeting of the American Psychological Association. San Francisco, CA.

## TEACHING & TRAINING EXPERIENCE\*

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### **Guest Lecturer, Rush Medical College, Chicago, Illinois (Dec 2010 – present)**

- Present research on self-care, burnout prevention, physician suicide prevention, and stress management to second year medical students in Physicianship Program course

### **Guest Lecturer, Pacific College of Oriental Medicine, Chicago, Illinois (Jul 2010 – present)**

- Present research on self-care, burnout prevention, and stress management to Oriental Medicine students practicum course
- Utilize a train-the-trainer model to teach students how to teach these methods to their patients

### **Schweitzer Fellow, Horizon Hospice, Chicago Family Health Center, Others (May 2009 – Aug 2010)**

- Trained over 400 staff, clients, and community members at healthcare and social service organizations in self-care and stress management techniques
- Developed an evidence-based training program that resulted in statistically significant increases in participants' levels of relaxation and decreases in levels of stress

### **Teaching Assistant: School of Social Service Administration, University of Chicago (May 2009 – Aug 2010)**

#### ***"Dealing with Loss: Direct Practice & Organizational Perspectives"***

- Co-designed syllabus recruited and scheduled guest speakers from a variety of disciplines including social work, nursing, yoga, and Buddhist perspectives on clinical grief work
- Taught sections on hospice care, caregiving organizations, family caregivers, and complementary and integrative medicine practices and interventions for hospice patients and clients living with HIV/AIDS

### **Registered Yoga Instructor/Trainer (Jul 2006 – present)**

- Over 200 hours of individual and group teaching with an emphasis on therapeutic yoga for health and stress management with over 200 clients to date

- Over 70 hours of continuing education training on yoga for cancer, depression, anxiety, physical ailments
- Taught yoga and coordinated development and marketing activities at Rudra Yoga Studio of Chicago (*Oct 2005 – May 2006*)

**Teaching Assistant: Johnston Center for Integrative Studies, University of Redlands** (*Feb 1999 – May 1999*)  
**“Men’s Group: Male Experience”**

- Co-designed syllabus and led group activities for a men’s seminar that covered interpersonal communication and self-exploration around issues such as masculinity, intimacy, family, feminism, homophobia, men’s psychology, and fatherhood.
- Independently evaluated students in the class using written evaluation methods

**Tutor, University of Redlands** (*Sep 1996 – May 1999*)

- Tutored college students in essay writing in English and Spanish at the University Writing Lab
- Conducted individual tutoring sessions for high school students in Spanish and Geometry
- Tutored elementary students ages 5-11 in reading, ESL, and math in the America Reads Program at YWCA

**SOCIAL SERVICE & HEALTH CARE EXPERIENCE**

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**Self-Employed, Development Associate/Consultant** (*Jun 2009 – present*)

- Have secured over \$500,000 in program and capacity building grants and fundraising since 2003
- Analyzed the market for wellness services; designed/implemented new social enterprise program to generate on average \$1,000 monthly new revenue with minimal investment of staff time and resources
- Coordinate biannual letters of appeal, donor database management, and Development Committee work
- Conduct quality improvement, evaluation, and budgetary and strategic planning with Board input
- Conduct Ryan White grant reviews, train staff on self-care and stress management, and oversee proposal development

**U. S. Department of Health and Human Services Region V Office, Building a Healthier Chicago Intern**  
(*Oct 2009 – Jun 2010*)

- Developed new evaluation tools and plan for AMA-led Medical Student Wellness Advising Program
- Developed logic model that drove physical activity and healthy eating initiatives’ evaluation and data collection plan and outcomes strategy
- Marketed events, updated website, and maintained relationships with community stakeholders

**Kindred Hospital Chicago North, Social Work Intern** (*Oct 2008 – Jun 2009*)

- Designed, facilitated, and evaluated a new psycho-educational family support group program
- Provided care and discharge planning to underserved medically-complex adult patients

**Project VIDA: Program Coordinator / Bilingual Mental Health Counselor** (*Sep 2002 – Jul 2009*)

- As Case Manager Supervisor from June 2008 – July 2009, oversaw management of two medical/supportive HIV case managers that served 35 adults living with HIV/AIDS
- Participated in Ryan White grant review with the Chicago Department of Public Health
- Co-founded the Illinois Latino HIV Statewide Network and engaged community stakeholders in its mission
- Provided individual/group counseling to African American and Hispanic clients living with HIV/AIDS

**Boys Hope Girls Hope, AmeriCorps Vounteer Residential Counselor,** (*June 1999 – Nov 1999*)

- Maintained complete medical, behavioral, and academic records for at-risk adolescents
- Provided effective discipline, taught independent living skills, and mediated in conflict resolution
- Collaborated with staff to create healthy relationships and a family-like atmosphere

## VOLUNTEER EXPERIENCE

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### **Volunteer Yoga Instructor, CommunityHealth** (*July 2009 – present*)

- Teach therapeutic/gentle yoga in English/Spanish for uninsured patients and community members

### **Member, Chicago Area HIV Services Planning Council**, (*Mar 2004 – Mar 2006*)

- Analyzed epidemiologic data to prioritize distribution of Title I Ryan White Care Act funds
- Consulted with the grantee to include community input in survey development and implementation
- As Co-Chair of the Needs Assessment Committee from 2005-2007, led the committee in determining unmet needs and service gaps of Chicagoland persons living with HIV/AIDS
- Advocated for and with minority communities to protect funding for continued healthcare and supportive services

### **Board Member, Ouvre** (*Mar 2007 – present*)

- Participate in planning and support of non-profit yoga and creative arts initiatives

## PROFESSIONAL AFFILIATIONS

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**Member and Registered Yoga Teacher**, Yoga Alliance, *Since 2008*

**Associate Member:** American Psychological Association, *2001 – 2008*

Division 51: Society for the Psychological Study of Men and Masculinity *2001 – 2006*

Division 44: Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues *2003 – 2008*

Completed the 20-hour End of Life Care APA training program, *2008*

**Instructor:** American Red Cross Hispanic HIV Fundamentals Education and Prevention Program

## AWARDS & HONORS

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Community First Award, National Latino AIDS Awareness Day Conference, *2006*

Phi Beta Kappa Society, *1999*

Psi Chi National Psychology Honor Society, *1999*

International Education of Students William L. Gaines Writing Award, *1999*

Sigma Delta Pi National Spanish Honor Society, *1998*

Tutor of the Year Award, University of Redlands, *1999*

Dartmouth University Book Award, *1995*

The Eagle Scout Award, *1994*

## LANGUAGES & OTHER SKILLS

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**Spanish:** Fluent, *studies and experience since 1988*

**Computer Skills:** Microsoft Office 2010 Suite, SPSS, Internet Proficiency

## REFERENCES

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- Laura Botwinick, Director of the Graduate Program on Health Administration and Policy, and Professor, University of Chicago
- Michael P. Dentato, Clinical Assistant Professor, School of Social Work, Loyola University Chicago
- John C. Benitez, Associate Professor, Chicago School of Professional Psychology
- Fredric E. Rabinowitz, Professor of Psychology, Department of Psychology, University of Redlands

*\*Complete list of trainings, workshops, presentations, and additional continuing education available upon request.*